FAQ

(Belly button piercing)

**What is a belly button piercing?**

Also known as a navel piercing, is that type of piercing which is located in, around or through the navel.

**Do Belly Button Piercings Hurt?**

The level of pain you experience when you get any piercing is subjective and individually dependent. Remember, everyone experiences pain differently.

**What is the Healing Process Like for Belly Button Piercings?**

The healing process may vary and is individually dependent as well as dependent on the specific location and gauge size of the puncture. It may heal fast, similar to those in the ear, or it may take quite a while longer. For some, full healing can take months. But as long as its properly cleaned and cared for it will heal up nicely.

**How Much Does a Belly Button Piercing Cost?**

The price of a belly button piercing can vary depending on the type of body jewelry you’d like to have.

**What Happens to Your Belly Button Piercing If You Get Pregnant?**

In some cases, there is no need to remove your belly button piercing when you are pregnant, however, it may be more comfortable to do so. You can also purchase jewelry that expands with your belly as it gets bigger during your pregnancy. Make sure you keep an eye on your piercing as your stomach expands and if you have any concerns, speak to a piercing professional or your doctor.

**How to Tell If Your Belly Button Piercing Is Infected?**

Your piercing may be infected if you notice any of the following signs:

* Redness or swelling of the skin around the piercing
* Pain or tenderness around the area, or when you touch the area
* Yellow or greenish discharge coming from the piercing area
* A high temperature or fever

**How to Know If Your Belly Button Piercing Is Rejecting?**

Most surface piercings run a moderate risk of “rejection” by your body. However, the belly button piercing is often the exception to this rule and is one of the few “surface” piercings that does not normally get “rejected”. That said, the chances of rejection are higher than with other non-surface piercings, such as those in the ear.

**Signs to Watch out For:**

Most of the time, getting a piercing is very safe but occasionally there can be complications. Your body may be rejecting your piercing if you notice any of the following signs:

More of the jewelry is becoming visible outside of the piercing

The piercing area is sore, irritated or red

The jewelry is becoming more visible under the skin

The piercing hole appears to be enlarged

The jewelry is coming loose

**How to Stretch Your Belly Button Piercing?**

There are various methods of stretching and although there is no single right way, there are definitely a few ways that we would advise against. If you’re considering stretching your belly button piercing, it is always best to seek advice from a piercing professional before you start. Contact our piercing professionals and we can help.

**How to Clean Your Belly Button Piercing?**

Looking after your belly button piercing is simple if you follow a few easy steps:

Use natural, skin sensitive products to gently clean your piercing twice a day, especially whilst is it healing. A lukewarm saline solution works just fine applied with a cotton ball or Q-tip

When drying your piercing, use a clean paper towel. This will avoid any chance or irritation or infection

Leave your original jewelry in while your piercing is healing

Avoid touching or playing with your piercing too much, especially if you haven’t washed your hands thoroughly first. This can lead to irritation or infection.